

# How can you help?



## Where our money goes...



Providing resources via our website

Hosting our confidential online forum

Operating our support line service

Supporting our fundraisers

Distributing our posters highlighting symptoms and emotional impact

Disseminating our suite of patient-focused information

Training our volunteers

Collating patient experiences via our research

Assisting with research

Educating healthcare professionals

We exist thanks to the generosity of our amazing fundraisers and volunteers. By fundraising, donating, volunteering or purchasing items from our shop, you too can help us support families who have suffered an ectopic pregnancy.

### Fundraise

Our EPT80 in 1 Challenge was both physically and mentally challenging but it was incredibly rewarding to know that we are giving back to such a worthwhile cause. At times it stirred up difficult emotions and reflections on what was one of the toughest experiences we have ever been through. We genuinely believe that the support provided by the EPT was a huge part of Amy's recovery and we are forever grateful. To know that we are helping the EPT support other people in the same position is incredibly rewarding". - Amy and Rob



### Donate JustGiving

We hope our donations will help women and couples like us that have suffered the devastating impact of an ectopic pregnancy - Anonymous donor on JustGiving

### Volunteer

I feel incredibly honoured to join the wonderful team at The Ectopic Pregnancy Trust as a volunteer. I am truly grateful from the bottom of my heart to raise awareness of ectopic pregnancy by supporting the team. - Mary



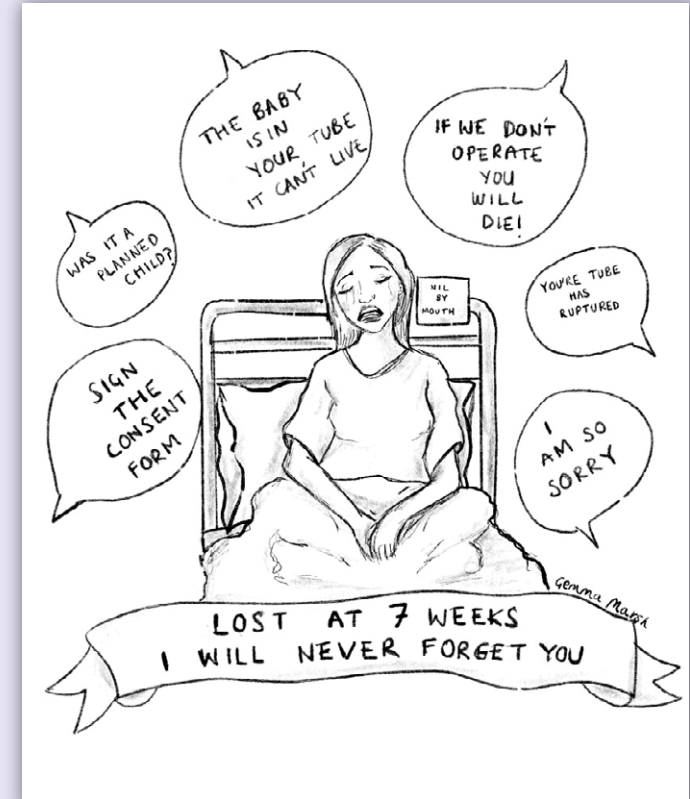
### Shop

The EPT have got this so right! These [care boxes] will mean so much to so many!' - Instagram User

# Supporting people during diagnosis, treatment and recovery from ectopic pregnancy



I received a great deal of support from the forum and I'm very grateful you're here to support women going through this horrendous experience. My baby would have turned 2 years this month. I did a drawing of my experience as sometimes it's easier to convey pictures of how it feels. I drew this as it's the main flashback I have even now - Gemma



Website: [ectopic.org.uk](http://ectopic.org.uk)  
Support line: 020 7733 2653  
Email: [ept@ectopic.org.uk](mailto:ept@ectopic.org.uk)

Registered charity number: 1071811



The Ectopic Pregnancy Trust



# What is an ectopic pregnancy?

Occurs when a pregnancy grows outside of the womb

Affects around **1 in 80** pregnancies

**Life-threatening** condition

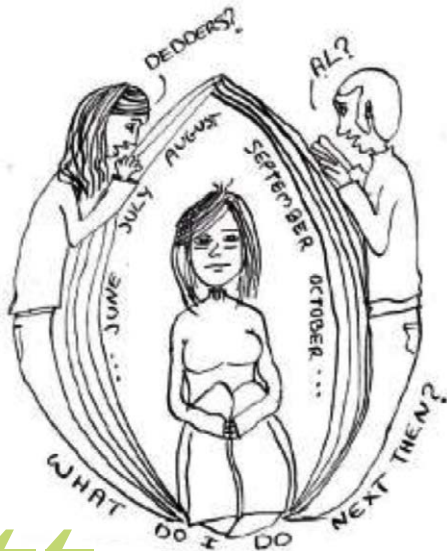
Baby can **never** be saved

**Leading cause of maternal death** in first trimester

**Over 30,000** emergency admissions per year

Early diagnosis improves **treatment choice**

**and protects fertility**



In the end it took me quite a while to get over you...

...I had to learn a lot about myself to get better



It was the most painful, scary and emotional experience of my life and in all honesty, I don't think I will ever be the same person again, but with the help of my wonderful partner, family, friends and this charity I was able to resume to some kind of normality – *Jessica*



I just wanted to drop you a note to say thanks for encouraging me to take the pain seriously. I ended up rupturing shortly after we exchanged emails so just as well I ended up going to A&E! You literally are a life saver - *Rebecca*



# What we do...

We provide **information** and **support** to all persons affected by ectopic pregnancy and the healthcare professionals who care for them;

We advance **education** and **promote** awareness of ectopic pregnancy among the medical profession and wider public; and

We support **research** into ectopic pregnancy.

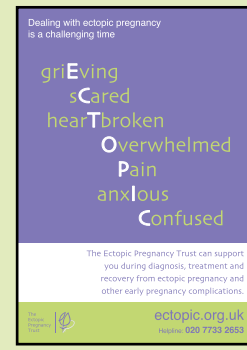
This charity supplies information and support to couples who need it in very difficult times. We're not sure how we'd have coped without the information provided on their website, being available to us at times when we needed answers or just to feel less alone – *Chris*



I felt completely alone and talking to you this morning made me feel like there is hope and I will be okay one day - *Rhianna*

The EPT aims to ensure that **every** person who experiences the pain and trauma of an ectopic pregnancy has access to the vital information they need at the time of diagnosis and treatment and are made aware of their options for support once they have been discharged from hospital.

Our posters and leaflets are distributed to hospitals across the UK and signpost to our services.



Our services include a **support line**, **forum** and **website** and are crucial in helping families through a devastating time. All resources are provided free of charge. Although our impact is felt across the UK, we are a small charity that does not receive any government funding. Every penny raised goes back into the services we provide and makes a difference.