## Nominate The Ectopic Pregnancy Trust for a donation/grant at your local supermarket

1. Locate your closest supermarket operating a local causes/grants scheme

Co-Op: https://www.coop.co.uk/membership/local-causes

You can become a Co-Op member for £1 and choose a local cause to support.

Morrisons: https://www.morrisonsfoundation.com/

Morrisons' grant funding supports charities delivering projects which help to improve people's lives. Their grants provide vital funding for good causes across England, Scotland and Wales.

**Nisa**: <a href="https://www.nisalocally.co.uk/community/about-madl/">https://www.nisalocally.co.uk/community/about-madl/</a>
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Making a Difference Locally helps independent retailers support their local communities. MADL enables stores to nominate charities or good causes that are local to them to receive a specific donation from us. Donations may be to The EPT as one of the many charities operating in the UK and you can speak to your local Nisa retailer to ask them to nominate us.

Waitrose: https://www.waitrose.com/content/waitrose/en/home/inspiration/community\_matters.html

Waitrose shares £25,000 between three national charities every three months and customers can vote every time they shop online.

## 2. Complete your chosen supermarket's application form for a grant using the information below (as needed)

Charity name:	The Ectopic Pregnancy Trust
Charity number:	1071811
Is the charity regulated by a UK regulator (yes/no)? If 'yes', please provide details.	Yes, registered with and regulated by the Charity Commission https://register-of-charities.charitycommission.gov.uk/
Does the charity receive any funding from a statutory authority	No
Charity website:	ectopic.org.uk
What is an ectopic pregnancy?	Ectopic pregnancy affects 1 in 80 pregnancies and occurs when a pregnancy grows outside the womb.  It is a life-threatening condition for the woman or pregnant person and the pregnancy can never be saved.  The condition can affect any woman of childbearing age, or woman or person undergoing assisted reproductive technology (ART) treatment. It has an impact on their fertility and is the leading cause of death in the first trimester of pregnancy.
What we do	The Ectopic Pregnancy Trust supports anyone going through the harrowing ordeal. Our services are crucial in helping families through a devastating time.  We distribute leaflets and posters to hospitals and clinics across the country to disseminate to patients in their time of need and all our information signposts to The EPT's support services provided via our

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	website, forum and helpline. We help thousands of people every year and all resources are provided free of charge.
	We believe providing information about the condition helps people understand what is happening. Empowering individuals results in increasing their personal knowledge and reduces a degree of stress and confusion, helping the healing process. We are also there to support through the emotional process of trying to get pregnant again and the nerve-wracking period of discovering whether a subsequent pregnancy is in the womb or further ectopic.
Why support The EPT/what will this grant fund	Hospital leaflets within the local area [NAME AREA]. The leaflets are a suite of booklets covering what an ectopic pregnancy is, types of treatment and physical and emotional recovery. Crucially, they also signpost to The EPT's information and support services which include our website, forum and helpline.
	While many hospitals across the country disseminate our information suite, we would utilise [£AMOUNT] donation to contact hospitals and clinics local to [AREA] that do not currently do so or have limited stock. We will identify key Early Pregnancy Units and target them in line with our hospital outreach strategy. We aim to forge a strong link with each Early Pregnancy Unit in the locality, reaching every person affected by ectopic pregnancy in the immediate community. As a small charity, every penny of income The EPT receives counts. We continually see much larger ones squeezing the smaller and tiny, niche charities like ourselves rely heavily on volunteers and nearly all income contributes directly to frontline services.
Who will benefit?	Anyone suffering the loss of a baby through ectopic pregnancy.
	It is a frightening time as a woman faces a risk to her own life as the leading cause of death in early pregnancy, loses part of her fertility, often undergoes major emergency surgery, loses her pregnancy and is left with deep fears over the future. We recognise that partners suffer too and have to process their own emotions while doing their best to support their loved one at the same time.
How many people will this grant help and what will it achieve?	1 in 80 pregnancies are ectopic. The grant will enable us to give our suite of leaflets to hospitals free of charge. They will help healthcare professionals to support their patients' emotional well-being by ensuring that anyone who needs it has access to information at the point of need and have somewhere to go when discharged from hospital. People equipped with information have more of an understanding of what is happening and gives a sense of control. This helps to lessen the emotional impact and improves recovery time.

3. Email us at <a href="mailto:ept@ectopic.org.uk">ept@ectopic.org.uk</a> to let us know about your nomination, or if you need help completing the nomination form, or have any questions.